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## What is claimed is:

An exercise and mobilization device for paraplegic and motorically disabled
people, enabling the user to shift from a sitting to an upright position
and perform passive and active walking exercises, said device
comprised of

- a construction of a horizontal frame assembled with a vertical frame wherein the horizontal frame is situated on wheels and the vertical frame is supported and operated via an mechanical mechanism enabling said frame to move between a seated position and an upright position;
- a seat including a back and arm rest mounted on said vertical frame wherein said seat supports the user when shifting between a seated and upright position;
- a control panel located on the arm rest, enabling the user to control all device functions; .
- pulleys positioned on the vertical frame, wherein a cable is stretched between said pulleys and the horizontal frame for controlling the saddle seat position when shifting between a seated position and upright position;
- 2. The device of claim 1 wherein the seat takes the form of a saddle seat and includes a special supporting design shaped to fit the user's underside.
- 3. The device of claim 1 further comprising a control panel behind the seat enabling a second person to control the device.
- 4. The device of claim 1 further comprising means for operating the device by voice activation commands;

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5. The device of claim 1 wherein the wheels supporting the horizontal frame are electrically driven.

- 6. The device of claim 1 further comprising footholds that are fastened to the user's feet, said footholds being movable along a track mounted on the horizontal frame, enabling the user to practice a walking-like motion along the track while in the upright position;
- 7. The device of claim 1, wherein the control panel provides the control of movement between a seated position and upright position
- 8. The device of claim 1 further comprising an electric motor for adjusting the height of the seat when the device is in the upright position;
- 9. The method of claim 1 further comprising pelvic and shoulder straps that are attached to the saddle seat for stabilizing and securing the position of the user within the saddle seat.
- 10. The method of claim 1, wherein the mechanism is an electrically activated piston.
- 11. The method of claim 1, wherein the mechanical mechanism is a hydraulically activated piston.